

FRAMEWORK

Reasoned autobiography and UNESCO values

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Today's thoughts on adult education



Education is a fundamental human right, a precious public good and an essential tool for building peaceful, sustainable and just societies (Audrey Azoulay, 2020)

The pedagogical foundation of this workshop includes

- Active pedagogy « Learning by doing » (John Dewey)
- Peer learning "Knowledge is within each of us" (Henri Desroche)
- An epistemological reversal "The Ignorant Schoolmaster" (Jacques Rancière)
- It is a mode of teaching that allows for *epistemic justice* (when we give the oppressed the ability to create their own knowledge, this is how we go about it).



PROGRAMME OF THE DAY

10h – 12h

Collective narration stage (2 narrations max per group)

12h

PAUSE – Miam !

12h30 – 13h30

Sharing experiences in groups of 6 (5 à 8 minutes per person + creation of a summary to be presented)

What is commun	What is particular

Groups reports

13h30 – 14h

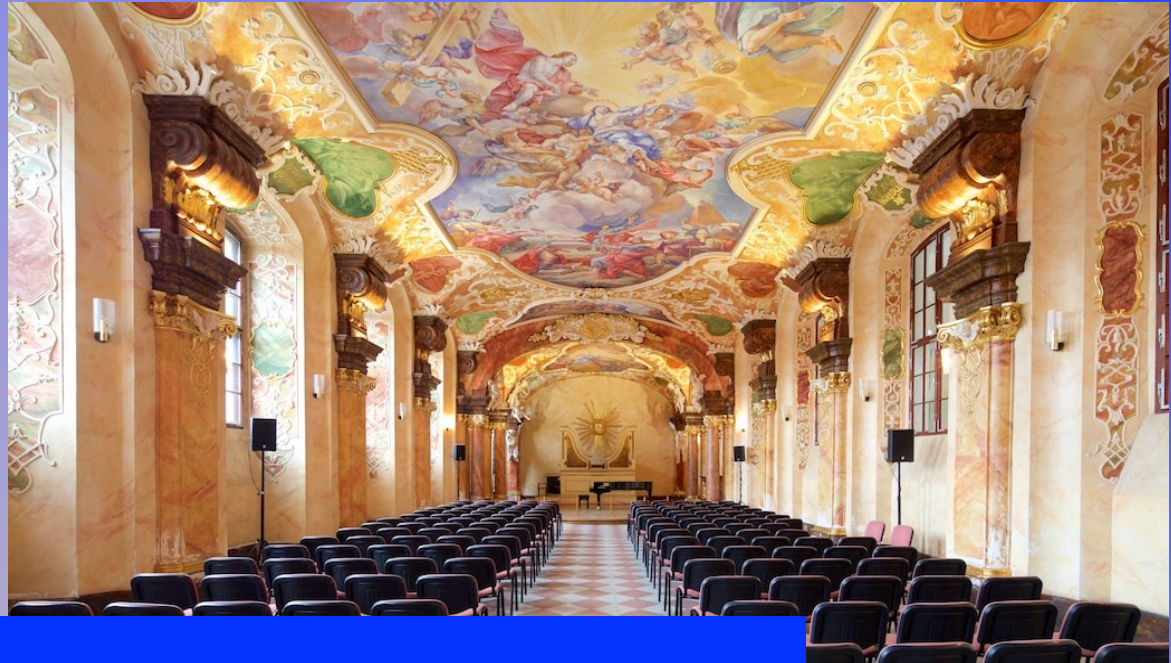
My synthesis

14h– 14h30

15h

Testimony of Marie Cassagnes - thesis and autobiography

Last stage



Come back to this exercise
together and share the fruits of
your respective experiences

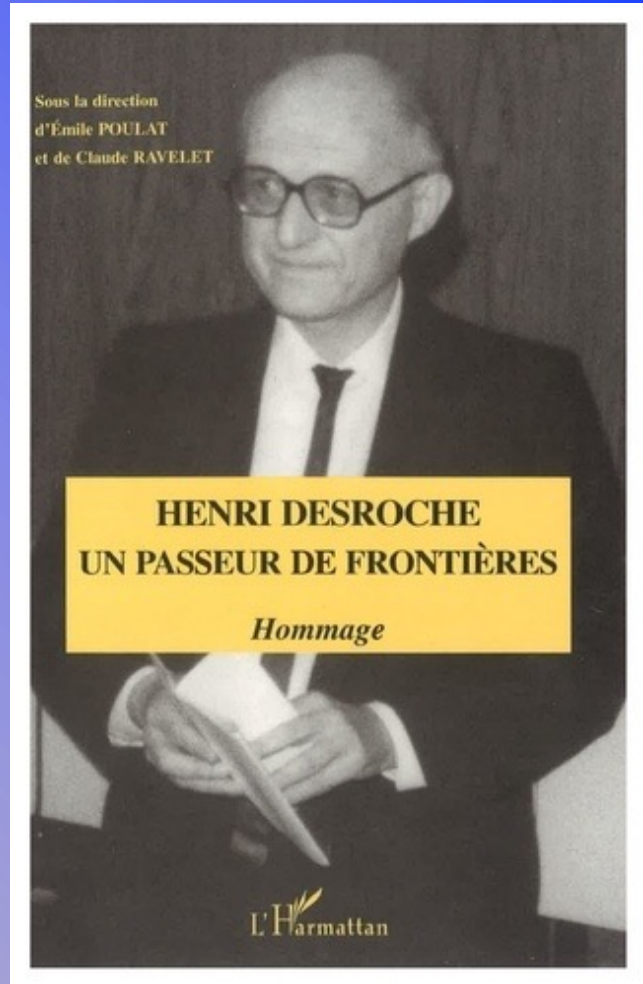
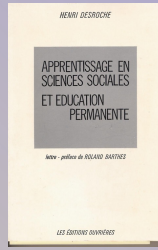
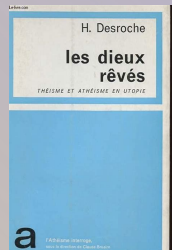
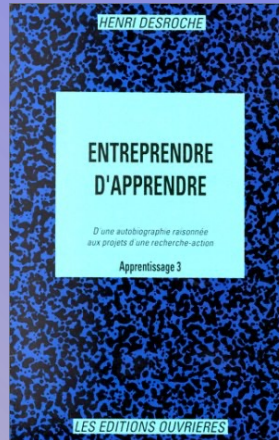
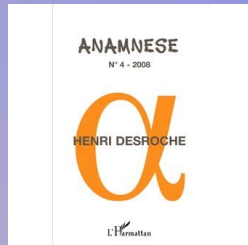
« My autobiography may have made me realise the following: I'm allowing myself to follow the path laid out by part of my father's ancestry and by him himself (the university as an entity symbolising the culmination of the school of the Third Republic) by working on the origins and experiences of my maternal family (immigration and poverty). It reminds me of a game of multiple loyalties » RP.

"I see this autobiography as an initiation. It's a powerful tool for professional development that has come to sit above my story... Where each chapter is linked and amplified (...) In this work, a transformative rereading takes place, where my space becomes integrative of my past and future environments" KD

"The autobiography exercise enabled me to reconnect with myself and my career path. I had an emphatic experience: of self-empathy, by and with myself, as well as through the benevolent and unconditional listening of peers who were present without any 'emotional' stakes... The mirror produced by their reformulations helped me to focus on key moments and experiences in my life. It re-motivated me, energised me and encouraged me for the rest of my life...". VR

The exercise designer

Henri Desroche





Maieutics or the art of delivering minds

Bring out the latent creativity in everyone

What the autobiography offers ... in 4 steps



- Bioscopy
- Narration
- Resonance
- Writing

Biscopie

Distance yourself from your own
journey

Reveal mistakes

*« The subject is both the
enunciator and the
object of knowledge. »*



Narration

Narration is a way of telling the story of oneself

Narratives are based on words, not facts

When we talk about narratives, we talk about plots (*intrigue* in French !)

We can draw a parallele with the concept of experience (what is lived is not experience)
(Cf. JM Barbier)

All experience has a communicative aim (cf. D. Jodelet)



Resonance



« We are listening to ourselves
through the words of those who are listening to
us » (Labbé, 2024)

The same mechanism of peer learning

All experience has a social dimension,
so narrative too : it's the resonance !

Narrative Identity (Ricoeur)

Writing

Examples of famous autobiographies:

- 'Les Mots' by Jean-Paul Sartre
- 'Une vie' by Simone Weil
- 'Mémoires d'Hadrien' by Marguerite Yourcenar
- 'Se ressaisir: Enquête autobiographique d'une transfuge de classe féministe' by Rose-Marie Lagrave
- .../...

AND YOU?



In conclusion

A political-epistemological act
(Finger, 2024)

A justice epistemology,
epistemology of the South

A 'possible selves' (Delory-
Montberger)

... And the beginning of 'creating
society'....





- A tool free from the neo-liberal logic
- A rare dynamic that combines the past, the present and the future to bring out a project
- A life project with emancipating dimensions for the subject and social dimensions because it is part of a collective.

It is a way of 'bringing guidance closer to an overall existential perspective on the construction of meaning and the subject's relationship with himself and the world' (Ayoub Ait Dra, 2024, p.60).

Preparing people to determine themselves

Preparing them for the bifurcations and transitions !

Look at the ethical dimensions of the individual reflect on the human consequences of their commitment to a particular mission (Jean Guichard)

Because ethics is reflected beyond oneself (Labbé, 2021; 2023), it is reflected for oneself but by being inscribed in just institutions, that is the political dimension of this type of epistemology

Studia 2023
Poradownicze

Journal 2023
of Counselology



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