

# Life Design *for Hope:*

The Laboratory of Core Educational  
and Counselling Competencies  
in the **Anthropocene**

**BLENDED  
INTENSIVE  
PROGRAMME**

**INSTITUTE OF PEDAGOGY  
UNIVERSITY OF WROCŁAW**

May 15 – 26, 2026



Uniwersytet  
Wrocławski

UNESCO Chair  
on Lifelong Guidance and Counseling  
University of Wrocław  
Institute of Pedagogy





### 15 May 2026: Preliminary online part

17.00: Organisational meeting

Keynote lecture (online): **Prof. Maria Eduarda Duarte** (UNESCO Chair, University of Lisbon, Portugal): ***Utopia Vs Antropocene : Allegro ma non troppo (educational and counseling competences framed by hope)***

### Week of 18-22 May

**BIP at the Institute of Pedagogy, University of Wrocław (ul. J. W. Dawida 1)**  
(Coffee breaks will be provided every day)

**May 18: 10.00–15.30**

#### **OPENING, BUILDING THE LEARNING COMMUNITY & NARRATIVE APPROACHES IN LIFE DESIGN**

• Opening of the project – registration of participants – time for organisational matters and integration  
Introduction to the goals and objectives of BIP

• Lecture + Workshop + Discussion: **Prof. Valérie Cohen-Scali** (INETOP-CNAM, France) ***Counselling Dialogues in Eco-Life Design***

16.30 Lunch/Dinner and integration

**May 19: Trip to the Arboretum of the University of Wrocław in Wojstawice**

**Departure: 8.30 | Return: approx. 18.00**

#### **NATURE, EXPERIENCE & HOPE IN PRACTICE – DESIGNING FUTURE PATHWAYS**

- Lecture + workshop + discussion: **dr Violetta Drabik-Podgórna** (UNESCO Chair, Institute of Pedagogy): ***From Uncertainty and Failure to Hope – Guidance-Based Approaches to Meaning-Making and Future Design. Working with metaphor cards in hope-oriented counselling***
- Workshop: ***Nature as a Space for Reflection and Life Design – My Life as an Ecosystem*** (metaphorical outdoor exercise in the Arboretum space)

**May 20: 10.00–15.30**

#### **GUIDANCE AS AN ART OF TRANSFORMATION: INTERACTION, BALANCE, HOPE AND COLLABORATIVE PLAY**

- Lecture + interactive session + discussion: **Prof. Sanna Vehviläinen** (University of Eastern Finland): ***Guidance as an Art of Balance – Research on Guidance Interaction***
- Lecture + discussion: **Prof. Caroline Arnoux-Nicolas** (Université Paris Nanterre): ***La vie SenSationnelle – The value of using a collaborative game in career guidance: the example of an original game design***

**May 21: 10.00 – 17.00**

#### **RESONANCE, RELATION & CREATIVITY**

- Lecture + Workshop + discussion: **Prof. Jacques Pouyau** (University of Bordeaux, France) ***Resonance and its use in a creative approach to guidance***  
**15.30 – Guided tour of the historical building of the University of Wrocław**

**May 22: 10.00 - 15.00**

#### **EMOTIONAL COMPAS FOR HOPEFUL FUTURES**

- Workshop + discussion: Moderated by the Life Design Student Research Group: ***Navigating Hope: Emotional Compass for Future Narratives***
- From Experience to Hope: Closing Ritual and Certificates

### Concluding online part

**25 May: Heros Navigares Workshops** (online game) – work in small groups (hours to be agreed)

**26 May: 17.00:** Project-concluding keynote lecture (online): **Prof. Maria Paula Paixão** (University of Coimbra, Portugal): ***Paths, Roots and Flows. Nature as a Metaphor of Hope in Life Design Counselling***

Participants' Reflections

Conclusion of the Project