

Life Design *for Hope:*

The Laboratory of Core Educational
and Counselling Competencies
in the **Anthropocene**

**BLENDED
INTENSIVE
PROGRAMME**

**INSTITUTE OF PEDAGOGY
UNIVERSITY OF WROCŁAW**

May 15 – 26, 2026



Uniwersytet
Wrocławski

UNESCO Chair
on Lifelong Guidance and Counseling
University of Wrocław
Institute of Pedagogy





15 May 2026: Preliminary online part

17.00: Organisational meeting

Keynote lecture (online): **Prof. Maria Eduarda Duarte** (UNESCO Chair, University of Lisbon, Portugal): ***Utopia Vs Antropocene : Allegro ma non troppo (educational and counseling competences framed by hope)***

Week of 18-22 May

BIP at the Institute of Pedagogy, University of Wrocław (ul. J. W. Dawida 1)
(Coffee breaks will be provided every day)

May 18: 10.00–15.30

OPENING, BUILDING THE LEARNING COMMUNITY & NARRATIVE APPROACHES IN LIFE DESIGN

• Opening of the project – registration of participants – time for organisational matters and integration
Introduction to the goals and objectives of BIP

• Lecture + Workshop + Discussion: **Prof. Valérie Cohen-Scali** (INETOP-CNAM, France) ***Dialogues de Conseil en Eco-Life Design***

16.30 Lunch/Dinner and integration

May 19: Trip to the Arboretum of the University of Wrocław in Wojstawice

Departure: 8.30 | Return: approx. 18.00

NATURE, EXPERIENCE & HOPE IN PRACTICE – DESIGNING FUTURE PATHWAYS

- Lecture + workshop + discussion: **dr Violetta Drabik-Podgórna** (UNESCO Chair, Institute of Pedagogy): ***From Uncertainty and Failure to Hope – Guidance-Based Approaches to Meaning-Making and Future Design. Working with metaphor cards in hope-oriented counselling***
- Workshop: ***Nature as a Space for Reflection and Life Design – My Life as an Ecosystem*** (metaphorical outdoor exercise in the Arboretum space)

May 20: 10.00–15.30

GUIDANCE AS AN ART OF TRANSFORMATION: INTERACTION, BALANCE, HOPE AND COLLABORATIVE PLAY

- Lecture + interactive session + discussion: **Prof. Sanna Vehviläinen** (University of Eastern Finland): ***Guidance as an Art of Balance – Research on Guidance Interaction***
- Lecture + discussion: **Prof. Caroline Arnoux-Nicolas** (Université Paris Nanterre): ***La vie SenSationnelle – The value of using a collaborative game in career guidance: the example of an original game design***

May 21: 10.00 – 17.00

RESONANCE, RELATION & CREATIVITY

- Lecture + Workshop + discussion: **Prof. Jacques Pouyau** (University of Bordeaux, France) ***Resonance and its use in a creative approach to guidance***
15.30 – Guided tour of the historical building of the University of Wrocław

May 22: 10.00 - 15.00

EMOTIONAL COMPAS FOR HOPEFUL FUTURES

- Workshop + discussion: Moderated by the Life Design Student Research Group: ***Navigating Hope: Emotional Compass for Future Narratives***
- From Experience to Hope: Closing Ritual and Certificates

Concluding online part

25 May: Heros Navigares Workshops (online game) – work in small groups (hours to be agreed)

26 May: 17.00: Project-concluding keynote lecture (online): **Prof. Maria Paula Paixão** (University of Coimbra, Portugal): ***Paths, Roots and Flows. Nature as a Metaphor of Hope in Life Design Counselling***

Participants' Reflections

Conclusion of the Project